INSTRUCTIONS: Sew a Table Runner

YOU WILL NEED:

- Fabric
- Matching thread
- · Measuring yard stick, or your longest ruler
- Triangle or T-square
- · Sewing machine
- Scissors
- · Pins
- Ironing board and iron

STEP 1

Purchase enough yardage for a runner the length of your table, some people like it shorter, some prefer the runner to hang over the edges. It's your choice! Once you determine your length, add five inches. That is how much fabric you will need.

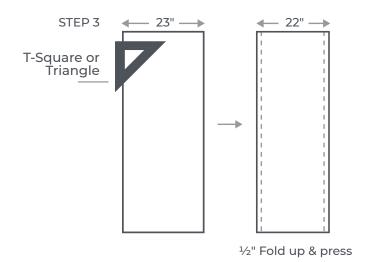
We made our runner from the same fabric we used for the napkin pattern in this blog. The fabric cannot have a pattern printed only on one side. If you use a patterned fabric, it must be a woven pattern fabric — which shows up on both sides, because the 2-inch border hem will show on the front side. Consider a solid or a fabric with woven stripes as the stripes will help when cutting, folding, ironing and sewing straight edges.

STEP 2

Based on your preferred runner length, (adding 5 inches!) cut the runner this length and 23 inches wide. This will make a runner 18 inches wide when finished. To make sure you have perpendicular lines, use your T-square and mark on the fabric. Draw this straight line with a fabric pencil or any pen or sharpie that will show up for easy cutting. (This edge will be folded inward, so your markings won't show.) This ensures your cutting lines are nicely squared off.

STEP 3

On the long edges, press up ½ inch and iron well.



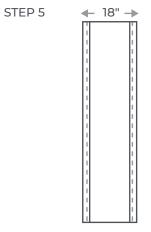


STEP 4

On the same long edges that you ironed with $\frac{1}{2}$ inch fold, measure 2 inches in, fold up again, and press. Use a steam iron that is set on cotton or linen, so the fold is nice and crisp.

STEP 5

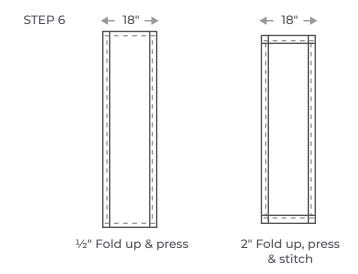
Stitch the inside edge of your 2-inch fold, using a normal straight stitch. Take your time and use the guide on the sewing machine foot or plate to keep your margin the same width. Sometimes it can help to put a piece of masking tape on the plate to show you exactly where you want the fabric and needle to fall, which helps keep your seam straight and even.



2" Fold up, press & stitch

STEP 6

Now, you should have two parallel edges done, and two short edges to go for your runner. Repeat the process for the two short sides. That is, fold in the two remaining sides $\frac{1}{2}$ inch and press. Then, measure and fold in each side another 2 inches and press. Now stitch those sides.



You now have a completed table runner! Iron the runner well and enjoy!

